

SAMLE ONLY - CREATE YOUR OWN AFTER RESEARCH

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
D3/K2 10,000 IU/10 drops/Day							
Vitamin C (Liposomal) 500 mg 3xDay							
Zinc (Glycinate) 50mg/2xDay with food							
Quercitin 250 mg 2xday							
NAC 600mg 2xday							
Aspirin 325 1xday to avoid clotting							
Melatonin (Time release) 10 mg before bed							
Ivermectin by weight 7/day							
Zpack - if it goes to lungs							
OTHER Oximeter to check oxygen levels on finger							